

Employee pandemic info (Coronavirus)

The most important hygiene measures

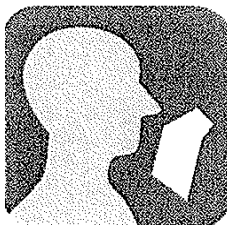
Flu is an acute infectious disease of the respiratory tracts that is caused by influenza viruses. Viruses are passed on directly via droplets that are spread by an infected person through sneezing, coughing or speaking, or indirectly through contact with surfaces (e.g. door handles) on which viruses are able to survive for a long time.

Simple face masks can contribute to reducing the spreading of germs.

Further information is available at www.bag.admin.ch/grippe and www.pandemia.ch

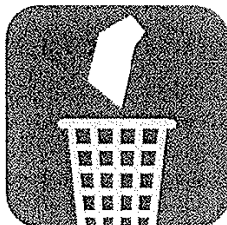


Wash your hands regularly and thoroughly with soap and water.



Hold a tissue to your mouth and nose when coughing or sneezing.

If you do not have a tissue available: hold your hand to your nose and mouth and wash your hands immediately using water and soap or hold your arm to your nose and mouth.



Dispose of the tissue in a bin after use and then wash your hands.